# Health and Safety of Lesbian, Gay, Bisexual and Transgender (LGBT) Youth in San Luis Obispo County

## **Central Coast Coalition for Inclusive Schools**

	2017 SLO		2017 SLO		15-17California		15-17 California	
Data are drawn from responses from students in 7th, 9th,	LGB	Non-	Trans	Non-	LGB	Non-	Trans	Non-
and 11 <sup>th</sup> grades taking the California Health Kids Survey		LGB		Trans		LGB		Trans
	586	8733	150	9169	6.9%	93.1%	1.5%	98.5%
(CHKS)	6.3%	93.7%	1.6%	98.4%				
Attendance								
How many times did you skip school or cut class in the past 12 months?	9.8%	3.1%	23.0%	3.2%	7.8%	2.6%	19.6%	2.7%
(more than once a week)								
Missed school because you felt very, sad, hopeless, anxious, stressed, angry? (past 30 days)	37.7%	10.2%	38.0%	11.5%	27.9%	8.4%	27.1%	9.5%
Missed school because you didn't feel safe at school? (past 30 days)	11.8%	1.6%	22.7%	1.9%	6.7%	1.7%	15.1%	1.9%
Safety								
How safe do you feel when you are at school? (unsafe or very unsafe)	18.3%	6.2%	37.6%	6.5%	15.5%	6.4%	34.5%	6.6%
Have you been in a physical fight? (past 12 months)	20.3%	11.0%	42.6%	11.1%	19.5%	11.1%	38.9%	11.3%
Have you carried a gun at school? (past 12 months)	7.7%	1.6%	30.1%	1.6%	8.3%	2.1%	30.3%	2.1%
Did you ever seriously consider attempting suicide? (past 12 months)	51.0%	14.9%	57.9%	16.9%	45.5%	13.5%	48.7%	15.6%
Did you ever feel so sad or hopeless almost everyday for two weeks or	66.5%	25.4%	68.7%	27.4%	61.5%	26.2%	55.3%	28.3%
more that you stopped doing some usual activities? (past 12 months)								
Bullying and harassment								
In the past 12 months on school property have you								
Been pushed, shoved, slapped, hit, kicked by someone 1 or more	37.0%	22.4%	54.4%	22.9%	31.9%	20.9%	45.9%	21.3%
times								
Been afraid of being beaten up?	30.4%	13.1%	43.0%	13.8%	27.0%	12.8%	40.7%	13.4%
Had rumors/lies spread about you?	58.1%	38.2%	61.7%	39.1%	51.5%	33.0%	53.4%	34.0%
Had sexual jokes, comments, or gestures made to you?	58.3%	32.5%	68.9%	33.6%	54.3%	28.4%	58.0%	29.8%

•	Been made fun of because of your looks or way you talked?	56.1%	31.0%	65.1%	32.1%	50.0%	29.5%	54.5%	30.6%
•	Been threatened with harm or injury?	26.6%	8.6%	47.3%	9.1%	20.8%	8.5%	38.4%	8.9%
•	Been made fun of, insulted, or called names?	61.1%	36.6%	67.1%	37.7%	52.3%	33.2%	55.9%	34.2%
•	Were harassed or bullied for your race, ethnicity, or national origin?	24.5%	12.6%	38.9%	13.0%	24.6%	14.2%	38.2%	14.5%
•	Were harassed or bullied for your religion?	19.0%	8.0%	38.3%	8.2%	15.1%	7.0%	33.4%	7.2%
•	Were harassed or bullied for your gender?	30.1%	7.6%	50.7%	8.4%	25.8%	7.1%	45.2%	7.8%
•	Were harassed or bullied because you are gay or lesbian or somebody thought you were?	52.0%	5.2%	58.8%	7.5%	43.1%	5.9%	48.2%	7.9%
•	Were harassed or bullied because physical or mental disability?	21.2%	3.9%	41.3%	4.5%	16.7%	3.8%	35.7%	4.2%
•	Were harassed or bullied for any other reason?	39.4%	18.2%	53.5%	19.1%	35.4%	16.8%	45.8%	17.7%

	2017 SLO		2017 SLO		15-17California		15-17California	
	LGB	Non-	Trans	Non-	LGB	Non-	Trans	Non-
		LGB		Trans		LGB		Trans
Protective Factors								
% responding "disagree" or "strongly disagree"								
I feel close to people in this school.	24.3%	12.6%	40.0%	12.9%	23.3%	13.1%	34.4%	13.5%
I am happy to be at this school.	28.5%	14.3%	48.0%	14.6%	24.8%	13.6%	38.1%	14.0%
I feel like I am part of this school.	27.4%	15.0%	39.8%	15.4%	28.8%	15.7%	40.8%	16.2%
Teachers at this school treat students fairly.	20.1%	14.5%	33.3%	14.6%	24.3%	16.7%	39.5%	16.9%
I feel safe at my school.	15.6%	9.1%	31.8%	9.1%	20.7%	11.2%	36.3%	11.5%
I do interesting activities at my school.	24.6%	16.3%	36.1%	16.5%	25.5%	17.3%	35.3%	17.6%
I do things that make a difference at school.	34.8%	25.4%	42.7%	25.7%	39.2%	28.6%	46.1%	29.1%
Caring relationship								
% responding "not at all true" to:								
At my school there is a teacher or some other adult								
who really cares about me.	14.9%	9.3%	31.9%	9.3%	17.7%	11.2%	32.5%	11.3%
who tells me when I do a good job.	13.6%	6.9%	29.7%	7.0%	15.5%	8.6%	29.7%	8.8%
who notices when I am not there.	20.9%	11.7%	31.0%	12.0%	22.5%	13.8%	34.1%	14.1%
who always wants me to do my best.	8.4%	4.6%	23.0%	4.6%	11.4%	5.7%	26.8%	5.8%
who listens when I have something to say.	14.2%	8.3%	25.7%	8.5%	17.2%	9.6%	31.1%	9.8%
who believes that I will be a success.	12.3%	7.1%	25.9%	7.1%	16.2%	8.5%	31.4%	8.7%

	2017 SLO		2017 SLO		15-17California		15-17California	
	LGB	Non-	Trans	Non-	LGB	Non-	Trans	Non-
		LGB		Trans		LGB		Trans
Lifetime Substance Use								
Cigarettes	29.6%	9.9%	43.9%	10.6%	22.1%	7.3%	37.3%	7.9%
Tobacco	16.5%	6.1%	41.2%	6.2%	11.4%	4.1%	32.3%	4.2%
Alcohol	49.8%	28.7%	61.1%	29.5%	47.0%	25.2%	54.2%	26.3%
Marijuana	45.0%	20.4%	57.1%	21.4%	37.8%	17.5%	48.3%	18.5%
Inhalants	20.8%	4.7%	43.2%	5.1%	15.8%	4.7%	35.1%	5.0%
Cocaine/Methamphetamine	18.5%	5.7%	40.6%	6.1%	12.3%	3.9%	35.1%	4.1%
Ecstasy	21.1%	7.6%	41.0%	8.0%	14.8%	5.0%	36.4%	5.2%
Prescription Painkillers	31.0%	13.6%	49.1%	14.3%	23.6%	10.5%	41.1%	11.1%
Diet Pills	18.6%	6.0%	33.7%	6.5%	15.2%	5.6%	35.1%	5.9%
Ritalin or Adderall	21.4%	7.9%	38.8%	8.3%	14.1%	5.2%	35.9%	5.4%
Cold Medicine	41.4%	29.4%	55.7%	29.8%	38.0%	30.6%	50.2%	30.8%
Other Drug	23.1%	8.1%	40.5%	8.6%	26.8%	13.6%	42.6%	14.1%
Past 30 Day Substance Use								
Cigarettes	17.0%	4.8%	34.9%	5.1%	12.9%	3.4%	31.3%	3.6%
Tobacco	10.7%	2.5%	32.9%	2.6%	8.1%	2.0%	28.6%	2.0%
Alcohol (One Drink)	32.4%	17.0%	47.9%	17.5%	28.7%	13.7%	41.9%	14.3%
Alcohol (Five or More Drinks)	22.6%	9.7%	36.0%	10.2%	17.6%	6.9%	35.5%	7.2%
Marijuana	29.9%	11.8%	44.2%	12.5%	24.7%	9.7%	39.7%	10.3%
Inhalant	12.8%	2.0%	34.9%	2.1%	10.0%	2.3%	30.8%	2.4%
Prescription Painkillers	17.2%	5.7%	37.4%	6.0%	13.5%	4.4%	34.4%	4.6%
Other Drugs	14.0%	3.2%	32.1%	3.5%	11.8%	2.9%	32.3%	3.1%
Two or More Drugs	20.3%	7.7%	40.2%	8.0%	14.9%	5.4%	35.1%	5.6%

### **SLO County Participant Demographics 2016-2017**

#### N = 9,319

M = 51.7%

F = 48.3%

7<sup>th</sup> grade = 3642 (39.4%) 9<sup>th</sup> grade = 3,81 (33.4%) 11<sup>th</sup> grade = 1992 (21.6%)

White	4561	(52.6%)
Hispanic/Latino	2751	(38.7%)
Mixed	3348	(38.6%)
Am. Indian/Alaskan	242	(2.8%)
Asian	242	(2.8%)
Black or African American	186	(2.1%)
Hawaiian/Pacific Isl.	99	(1.1%)

#### California Participant Demographics 2015 - 2017

N= 1,043,714	Asian/Pacific Islander	14.0%
M = 50.6%	American Indian	4.3%
F = 49.4%	Black	5.6%
	White	32.5%
$7^{\text{th}}$ grade = 33.8%	Multiracial	43.6%
9 <sup>th</sup> grade = 33.7%	Hispanic/Latino	51.1%
11 <sup>th</sup> grade = 31.4%		

**Methods:** The data presented in this fact sheet were collected as part of the California Healthy Kids Survey in the spring of 2017 at middle and high schools across San Luis Obispo County. The data were collected using a paper and pencil survey administered by school sites and reported to and compiled by WestEd. The Central Coast Coalition for Inclusive Schools requested the dataset from WestEd and the data were analyzed running Chi-Square tests using SPSS statistical software. All differences reported here are statistically significant.

The Central Coast Coalition for Inclusive Schools (CCC4IS) is a network of community partners actively supporting the development of safe and affirming school communities.

**Mission:** The CCC4IS actively supports the development of safe and affirming school communities. We strive to celebrate diversity, advocate for social justice, and transform educational cultures by empowering youth, families, professionals, and organizations. <a href="https://www.centralcoastinclusiveschools.org">www.centralcoastinclusiveschools.org</a>

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